



BALANCED PROTEIN BAR

HEALTHY ON-THE-GO SNACK

All Natural with Organic Oats and Soy Nuggets
Delicious Chocolate Peanut Butter Cookie Taste

- Instant and Sustained Energy
- Simple Carbs Get You Going Now
- Complex Carbs Sustain Your Drive
- Perfect Pre/Post Workout Snack
- Fills You Up Without Being Heavy
- Recovery Fuel with 345 mg Potassium
- Natural Boost of Energy
- Delicious Cookie Taste
- Satisfies Hunger and Cravings
- Stay Fuller Long ~ High Fiber
- Weight Management Snack

BIO

Grab The Gold™ Snack Bars were created by Danielle Ontiveros when she was only 16 years old while looking for a breakfast alternative. From that humble beginning, she began her quest to bring the best tasting snack bar to the world.

She was originally based in New Orleans, Louisiana but lost her home in Hurricane Katrina in 2005. The outpouring of love and concern from Nashville-area customers brought her to Franklin, Tennessee where she now lives and manufactures the product.

As CEO and Founder, Danielle has successfully grown the business and the brand for over 20 years. Grab The Gold™ has a loyal following all over the country. The company has posted double digit growth for 3 consecutive years.

In the current economy, that is a testament to the product, brand and customer following.

NUTRITION FACTS

Nutritional Comparison Chart	Grab The Gold™ Chocolate Peanut Butter	Balance Bar™ Peanut Butter	Clif Bar™ Crunchy Peanut Butter	Luna Bar™ Peanut Butter Cookie	Power Bar™ Peanut Butter	Snickers™ Marathon™ Energy Bar Chewy Chocolate Peanut
Size in Weight	57g	50g	68g	48g	65g	55g
Calories	193	200	250	180	240	220
Fat	5g	6g	6g	6g	4g	7g
Carbs	25g	23g	40g	23g	45g	27g
Protein	11g	14g	12g	10g	9g	13g
Sugar	12g	17g	18g	12g	25g	18g
Potassium	345mg	130mg	230mg	200mg	105mg	170mg

Nutrition Facts

Serving Size 2oz (57g)

Calories 193
Fat Cal. 45

*Percent Daily Values (DV are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 5g	8%	Total Carb 25g	9%
Sat. Fat 2g	10%	Fiber 7g	28%
Trans Fat 0mg		Sugars 12g	
Cholest. 0mg		Protein 11g	22%
Potassium 200mg	9%		
Vitamin A 10%	•	Calcium 12%	•
		Iron 22%	

INGREDIENTS: Organic Oats, Peanut Butter, Soy Nuggets (Soy Flour), Glucose Syrup, Cane Sugar, Semisweet Chocolate Chips (Cane Sugar, Chocolate, Cocoa Butter, Vanilla), Fruit Juice (Grape, Apple or Pear), Brown Rice Dextrins, Canola Oil, Soy Lecithin, Natural Cocoa Powder, Vanilla.

WARNING: Contains Peanuts, Soy.

ENERGY NEVER TASTED SO DELICIOUS™

CUSTOMER REVIEWS



**“Grab The Gold™ Bar is the best nutrition bar period.
All my bicycle friends love them.”**

— Sandra from California

**“I love Grab The Gold™ Protein Bars for
my pre and post work outs.”**

— Cooper from Tennessee



**“If you love peanut butter and oats and
chocolate these are worth their weight in GOLD!”**

— Victoria from Alabama

**“I’ve struck Gold! Finally a HEALTHY
bar my husband likes!”**

— Kathy from Tennessee



**“These are by far THE BEST energy bars ever
created by mankind!!!”**

— Dennis from California

**“This is one of my favorite things to eat.
When you are on the go, this bar will keep you going.”**

— Maribeth from Louisiana



CONTACT

People are addicted to Grab The Gold™. They love it! But don't take our word for it!
See what our customers are saying by visiting our Facebook page: www.facebook.com/grabthegold

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